



Your emergency go kit should have everything your family needs to be self-sufficient for **at least 72 hours**.

Consider the unique needs of your family (children, seniors and pets).

Recommended emergency go kit items include:

- Nonperishable food
- Water
- Prescription medications and eyeglasses
- Battery-powered or hand-crank radio
- Personal hygiene items
- Flashlight(s) with extra batteries
- Cash
- Manual can opener
- Important paperwork (e.g., passports and insurance policies)
- First aid kit
- Cell phone and charger
- Family Communication and Evacuation Plan



Check your emergency go kit(s) every six months. Refresh your water supply, and remove, use and replace items close to their expiration date.

Rehearse family evacuation and communication plans to make sure you can evacuate quickly and safely, under any circumstances.